

# CHARLESWOOD SKI CLUB COVID-19 PROTOCOLS

Charleswood Ski Club COVID-19 Protocols apply to ALL TRIPS.

Charleswood Ski Club is committed to ensuring a safe environment for all its members.

All members are required to be fully immunized for COVID-19. Guests will be asked to show proof of immunization.

Members are to assess their own risk tolerance before attending an outing, particularly COVID-19 vulnerable groups (those who are 60 years of age and older and those with chronic health conditions or weakened immune systems) as well as all trip participants and trip leaders and must adhere to the following:

ALL STAY AT HOME IF YOU ARE EXPERIENCING ANY COLD OR FLU -LIKE SYMPTOMS such as a cough, fever, runny nose, sore throat, weakness, or headache.

Social/physical distancing of 2m (6 feet) is recommended except in emergency conditions where other risks are greater.

Sanitize hands frequently during outings. Members are to bring their own sanitizing supplies.

Practice proper cough/sneeze etiquette by using a tissue or cover your mouth and nose with your upper sleeve.

Participants must pre-register by phone or email with the trip leader or on Meetup.

Guests are required to show proof of immunization and may attend one day trip in the ski season. Guests are required to review the CSC Covid-19 Protocols and sign the "Charleswood Ski Club Covid-19 Waiver" (see below) and the [INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT](#). The Trip Leader is to provide guests with copies of the waivers at the meeting place, obtain the signed copies before departing from the meeting place and send all the signed waivers to the President after the trip.

Provincial COVID-19 information can be found at:

<https://manitoba.ca/covid19/index.html>

**CHARLESWOOD SKI CLUB COVID-19 WAIVER**

“I acknowledge that I am aware of all the relevant provincial COVID-19 restrictions and recommendations and will adhere to the Charleswood Ski Club COVID-19 protocols”.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_